## Releasing the Power of People



"To maximize team potential is to identify a team and integrate its members into a cohesive unit – to overcome challenges and to manage the 'people side' of a team."

The Highlands Team Building Workshop is a high-powered intensive session built on the *Highlands Ability Battery*<sup>TM</sup> and the Highlands Personal Vision Factors. The full day workshop focuses on



problem-solving, mutual appreciation, leadership, communication styles, risk taking, decision making, trust, diversity and conflict management.

- Building a team profile & team awareness
- Recognizing team member strengths & challenges
- Drawing on common values and interests
- Improving communication among members
- Brainstorming team goals
- Enhancing individual and team performance
- Creating a team vision

Based on seventy years of research, the *Highlands Ability Battery*<sup>TM</sup> is a state-of-the-art assessment tool designed to reveal the individual's natural abilities. By means of a comprehensive written report and personalized feedback session, participants gain a clear understanding of how they solve problems best, how they take in and communicate new information, and what work environments make them most productive.

The essence of team building. The business workplace is geared toward working in teams – executive teams, project teams, leadership teams, and strategic planning teams. A team is made up of individuals, each working towards a common goal. Highlands recognizes the importance of each individual's contribution to the team. We help all individuals, whatever their level within the organization, to utilize the abilities that make them most productive, effective and satisfied. This self knowledge can lead to greater utilization of the unique contributions each individual can make, an appreciation for the diversity among team members, and increased communication and interpersonal understanding. All of these results enhance the cohesiveness of a team.

